

8月15日(月)

| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
|--------------------|----|----|----|----|----|-----|
| THE TIME' | ● | | ● | ● | | |
| THE TIME, | ● | ● | ● | ● | | |
| ラヴィット! | ● | ● | ● | ● | | |
| よりどりマーケット | | | | | ● | |
| ビスらいよん | | | | ● | | |
| ひるおび! | ● | ● | ● | ● | | |
| ひるおび!・午前 | ● | | | | | |
| ひるおび!・午後 | ● | ● | ● | ● | | |
| ゴゴスマ～GOGO! Smile!～ | ● | ● | ● | ● | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| Nスタ | ● | | | | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| 未科学ワールド | | ● | ● | ● | | |
| 100%!アピールちゃん | | ● | ● | ● | | |
| らいよんちゃんSDGsニュース | | | ● | ● | | |
| news23 | ● | ● | ● | | | |
| 明石家電視台 | | | | ● | | |
| ビスらいよん | | | ● | ● | | |
| 西乃風プラン堂 | | ● | ● | ● | | |
| それSnowManにやらせてください | | | ● | ● | | |
| ミキBASE | | ● | ● | ● | | |
| ドラマ「闇金ウシジマくん」(再) | | ● | ● | ● | | |
| MM-TV | | | | ● | | |
| カチモ | | | | | ● | |
| カイモノラボ | | | | | ● | |
| よんタメ | | | | ● | | |
| ショップ400 | | | | | ● | |
| THE TIME' | ● | | ● | ● | | |

8月16日(火)

| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
|--------------------|----|----|----|----|----|-----|
| THE TIME' | ● | | ● | ● | | |
| THE TIME, | ● | ● | ● | ● | | |
| ラヴィット! | ● | ● | ● | ● | | |
| よりどりマーケット | | | | | ● | |
| ビスらいよん | | | | ● | | |
| ひるおび! | ● | ● | ● | ● | | |
| ひるおび!・午前 | ● | | | | | |
| ひるおび!・午後 | ● | ● | ● | ● | | |
| ゴゴスマ～GOGO! Smile!～ | ● | ● | ● | ● | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| Nスタ | ● | | | | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| マニアさん | ● | ● | ● | ● | | |
| マツコの知らない世界 | | ● | ● | ● | | |
| 火曜ドラマ「ユニコーンに乗って」 | | ● | ● | ● | | |
| F A C E | | ● | ● | | | |
| news23 | ● | ● | ● | | | |
| こぶこぶ | | | | ● | | |
| ビスらいよん | | | ● | ● | | |
| ドラマ「生き残った6人によると」 | | ● | ● | ● | | |
| あらかきあるき | | ● | ● | ● | | |
| アキナのギャルしか勝たん | | | | ● | | |
| アニメ | | | ● | ● | | |
| アニメ | | | ● | ● | | |
| アニメ | | | ● | ● | | |
| ショップ400 | | | | | ● | |
| THE TIME' | ● | | ● | ● | | |

| 8月17日(水) | | | | | | |
|--------------------|----|----|----|----|----|-----|
| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
| THE TIME' | ● | | ● | ● | | |
| THE TIME, | ● | ● | ● | ● | | |
| ラヴィット! | ● | ● | ● | ● | | |
| よりどりマーケット | | | | | ● | |
| ピズらいよん | | | | ● | | |
| ひるおび! | ● | ● | ● | ● | | |
| ひるおび!・午前 | ● | | | | | |
| ひるおび!・午後 | ● | ● | ● | ● | | |
| ゴゴスマ～GOGO! Smile!～ | ● | ● | ● | ● | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| Nスタ | ● | | | | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| 魔法のレストラン | | ● | ● | ● | | |
| オールザッツ漫才真夏のゴールデン | | | | ● | | |
| #REF! | | | | | | |
| 水曜日のハウマッチ? | | | | ● | | |
| news23 | ● | ● | ● | | | |
| ジロジロ有吉 | | | | ● | | |
| アイシユタインの愛シタイン | | | | ● | | |
| らいよんチャンネル | | | | | | ● |
| よしもと新喜劇NEXT | | | | ● | | |
| イキスギさん | | ● | ● | ● | | |
| ジンギス談 | | | ● | ● | | |
| カチモ | | | | | ● | |
| ショップ400 | | | | | ● | |
| THE TIME' | ● | | ● | ● | | |
| 8月18日(木) | | | | | | |
| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
| THE TIME' | ● | | ● | ● | | |
| THE TIME, | ● | ● | ● | ● | | |
| ラヴィット! | ● | ● | ● | ● | | |
| よりどりマーケット | | | | | ● | |
| ピズらいよん | | | | ● | | |
| ひるおび! | ● | ● | ● | ● | | |
| ひるおび!・午前 | ● | | | | | |
| ひるおび!・午後 | ● | ● | ● | ● | | |
| ゴゴスマ～GOGO! Smile!～ | ● | ● | ● | ● | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| Nスタ | ● | | | | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| プレバト!! | | ● | ● | ● | | |
| モニタリング | | ● | ● | ● | | |
| フラッシュニュース | ● | | | | | |
| 櫻井・有吉THE夜会 | | | ● | ● | | |
| コレってさ | | ● | ● | | | |
| news23 | ● | ● | ● | | | |
| かまいたちの知らんけど | | | | ● | | |
| らいよんチャンネル | | | | | | ● |
| ドラマ特区 | | ● | ● | ● | | |
| ドラマシャワー | | ● | ● | ● | | |
| YUBIWAZA | | | | ● | | |
| アニメ | | | ● | ● | | |
| よんタメ | | | | ● | | |
| MM-TV | | | | ● | | |
| カチモ | | | | | ● | |
| カイモノラボ | | | | | ● | |
| ショップ400 | | | | | ● | |
| THE TIME' | ● | | ● | ● | | |

8月19日(金)

| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
|--------------------|----|----|----|----|----|-----|
| THE TIME' | ● | | ● | ● | | |
| THE TIME, | ● | ● | ● | ● | | |
| ラヴィット! | ● | ● | ● | ● | | |
| よりどりマーケット | | | | | ● | |
| ピズらいよん | | | | ● | | |
| ひるおび! | ● | ● | ● | ● | | |
| ひるおび!・午前 | ● | | | | | |
| ひるおび!・午後 | ● | ● | ● | ● | | |
| ゴゴスマ～GOGO! Smile!～ | ● | ● | ● | ● | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| Nスタ | ● | | | | | |
| よんちゃんTV | ● | ● | ● | ● | | |
| ザ・ベストワンSP | ● | | | ● | | |
| 金曜ドラマ | | ● | ● | ● | | |
| らいよんチャンネル | | | | | | ● |
| A-studio+ | | | ● | ● | | |
| news23 | ● | ● | ● | | | |
| MBSニュース | ● | | | | | |
| KAT-TUNの食宝ゲットウーーン | | | ● | ● | | |
| NEWSの全力メイキング | | ● | ● | ● | | |
| らいよんチャンネル | | | | | | ● |
| アニメ | | | ● | ● | | |
| アニメ | | | ● | ● | | |
| アニメ | | | ● | ● | | |
| アニメ | | | ● | ● | | |
| よんタメ | | | | ● | | |
| MM-TV | | | | ● | | |
| カチモ | | | | | ● | |
| TBS NEWS | ● | | | | | |
| セレクトカチモ | | | | | ● | |
| らいよんチャンネル | | | | | | ● |

8月20日(土)

| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
|------------------|----|----|----|----|----|-----|
| ショップ445 | | | | | ● | |
| らいよんチャンネル | | | | | | ● |
| TBS NEWS | | ● | ● | | | |
| まるっと! サタデー | ● | ● | ● | ● | | |
| サタデープラス | ● | ● | ● | ● | | |
| せやねん | ● | ● | ● | ● | | |
| JNNニュース | ● | | | | | |
| せやねん | | ● | ● | ● | | |
| よしもと新喜劇 | | | | ● | | |
| らいよんチャンネル | | | | | | ● |
| セガサミーカップ | ● | | | ● | | |
| らいよんチャンネル | | | | | | ● |
| 住人十色 | | | ● | ● | | |
| 報道特集 | ● | ● | ● | | | |
| NEXTジャパン | | | ● | ● | | |
| らいよんチャンネル | | | | | | ● |
| 炎の体育会TV | | ● | ● | ● | | |
| ふしぎ発見 | | ● | ● | ● | | |
| Catch!! | | | ● | ● | | |
| 情報7daysニュースキャスター | ● | ● | ● | ● | | |
| 和心百景 | | ● | ● | | | |
| 人生最高レストラン | | | ● | ● | | |
| 世界さまぁ〜リゾート | | | ● | ● | | |
| S☆1 | ● | | ● | | | |
| ソウドリ | | | | ● | | |
| 関西ジャコ博 | | ● | ● | ● | | |
| らいよんチャンネル | | | | | | ● |
| アニメシャワー | | | ● | ● | | |
| アニメシャワー | | | ● | ● | | |
| アニメシャワー | | | ● | ● | | |
| アニメシャワー | | | ● | ● | | |
| よんタメ | | | | ● | | |
| ショップよふかし | | | | | ● | |
| セレクトカチモ | | | | | ● | |
| らいよんチャンネル | | | | | | ● |

8月21日(日)

| | 報道 | 教育 | 教養 | 娯楽 | 通販 | その他 |
|--------------|----|----|----|----|----|-----|
| ドキュメンタリー-解放区 | ● | ● | | | | |
| 医のココロ | | ● | ● | | | |
| らいよんチャンネル | | | | | | ● |
| 京都知新 | | ● | ● | | | |
| 皇室アルバム | ● | | ● | | | |
| JNNニュース | ● | | | | | |
| ゲンキの時間 | | ● | ● | ● | | |
| がっちりマンデー | | ● | ● | ● | | |
| サンデーモーニング | ● | ● | ● | | | |
| テレビガイド | | | | | | ● |
| サンデージャポン | ● | | ● | ● | | |
| テレビガイド | | | | | | ● |
| JNNニュース | ● | | | | | |
| dai-docoro | | | ● | ● | | |
| アッコにおまかせ | ● | | ● | ● | | |
| 週刊さんまとマツコ | | | ● | ● | | |
| イッキ見！ドラマ | | ● | ● | ● | | |
| セガサミーカップ | ● | | | ● | | |
| らいよんチャンネル | | | | | | ● |
| 呪術廻戦 | | | ● | ● | | |
| Nスタ | ● | ● | ● | | | |
| THE世界遺産 | | ● | ● | | | |
| つぶれない店 | | ● | ● | ● | | |
| フラッシュニュース | ● | | | | | |
| 日曜劇場 | | ● | ● | ● | | |
| Catch!! | | | ● | ● | | |
| 日曜日の初耳学 | | ● | ● | ● | | |
| 明日ワクワク未来予報 | | | ● | ● | | |
| 情熱大陸 | | ● | ● | ● | | |
| ドーナツトーク | | | ● | ● | | |
| S-1 | ● | | ● | | | |
| キラスポ | | | | ● | | |
| 私が女優になる日__ | | ● | ● | ● | | |
| ドラゴンゲート | | | | ● | | |
| カチモ | | | | | ● | |
| ショップよふかし | | | | | ● | |
| MM-TV | | | | ● | | |